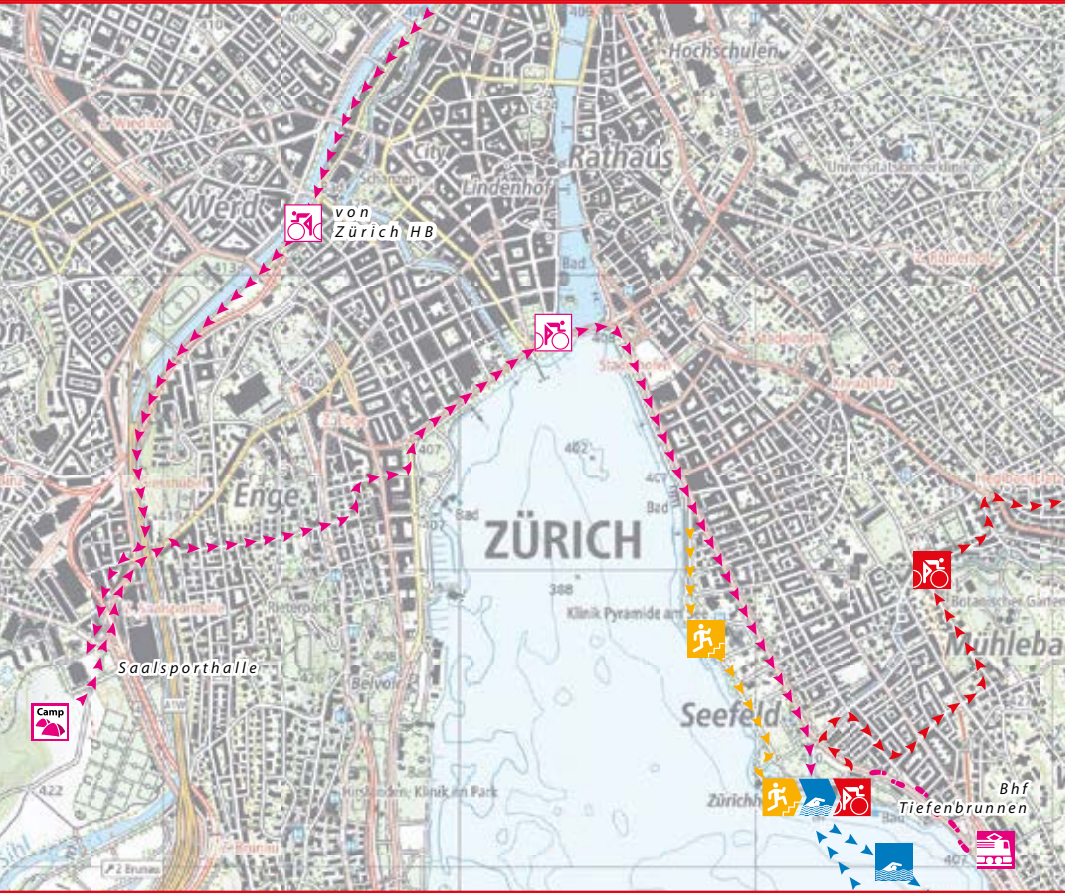




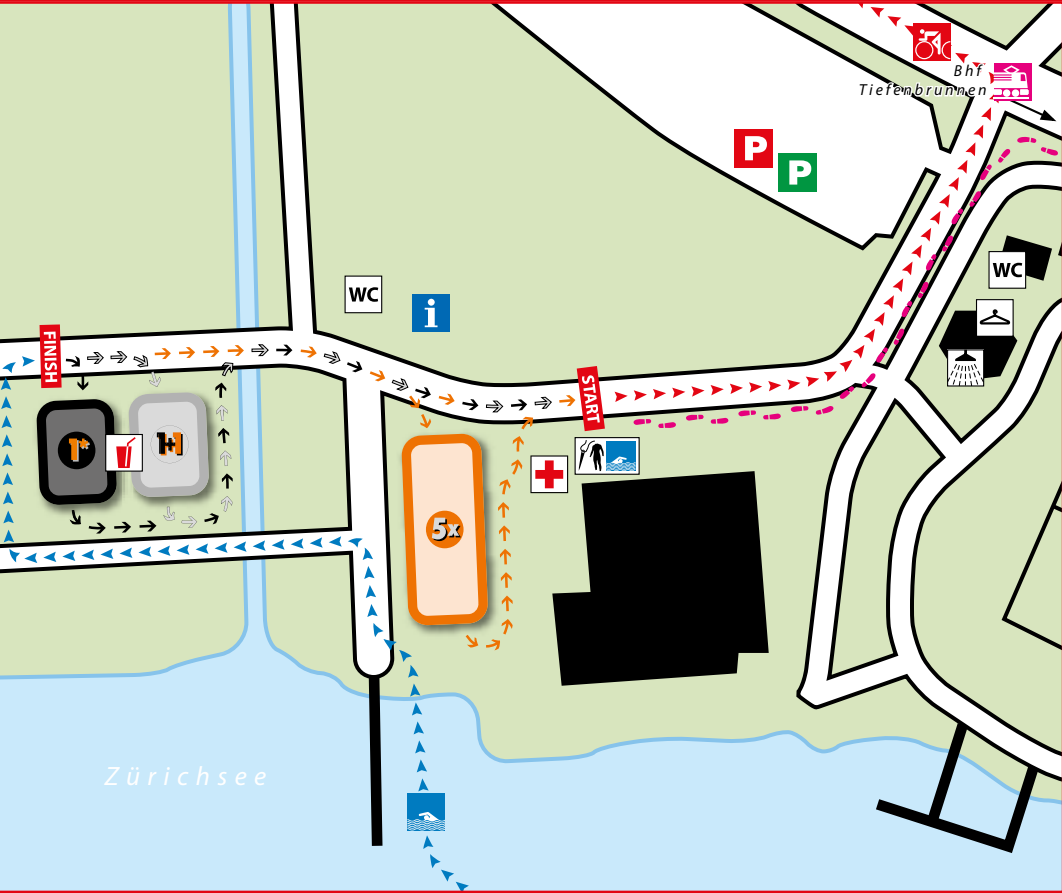
The course leads from Lake Zurich over the Adlisberg past the Dübendorf airfield to Wila in the upper Tösstal valley. The route is dotted with small alpine passes, but «the hills» still mount up gradually, metre by metre, to an impressive elevation gain of 1200 metres. Fresh air, long-distances views and abundant flora – the Zürich Oberland is an oasis of nature just a few kilometres from Zurich. Steep ravines and romantic viewing points refresh the mind and keep energy levels high. Riders will reach for the stars in the highest mountain community in the canton of Zurich – StERNENBERG. Sadly, the famous Restaurant Sternen, which was a central feature of the film «Sternenberg», burnt to the ground shortly after being completely renovated. As regards the condition of the course, it includes some tough uphill sections and demanding descents to be enjoyed with caution, and a whole range of surfaces from fine asphalt to dirt roads and a gravel section. This is a challenging course for all entrants and may well require manual dexterity as well as muscular strength and good cycling skills. It will be full of ups and downs, in terms both of its topography and of its mental demands.

**Host**

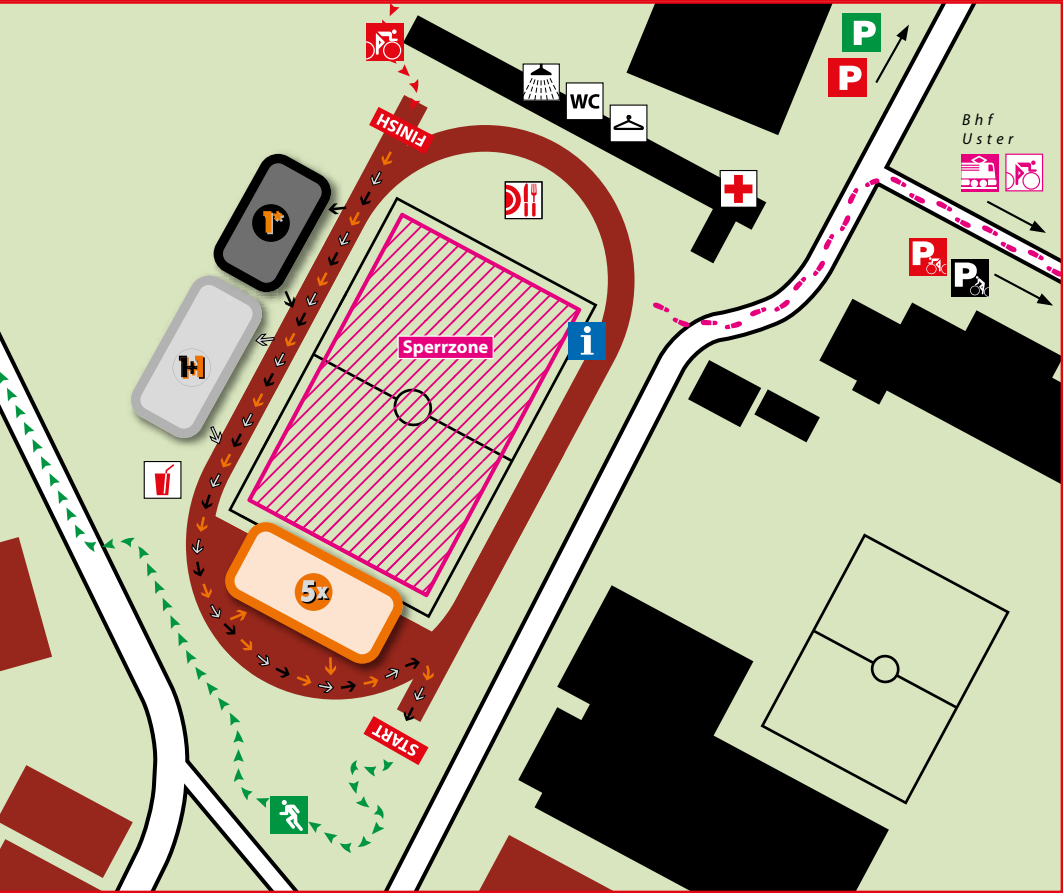
# ZÜRICH ZÜRICHHORN OVERVIEW



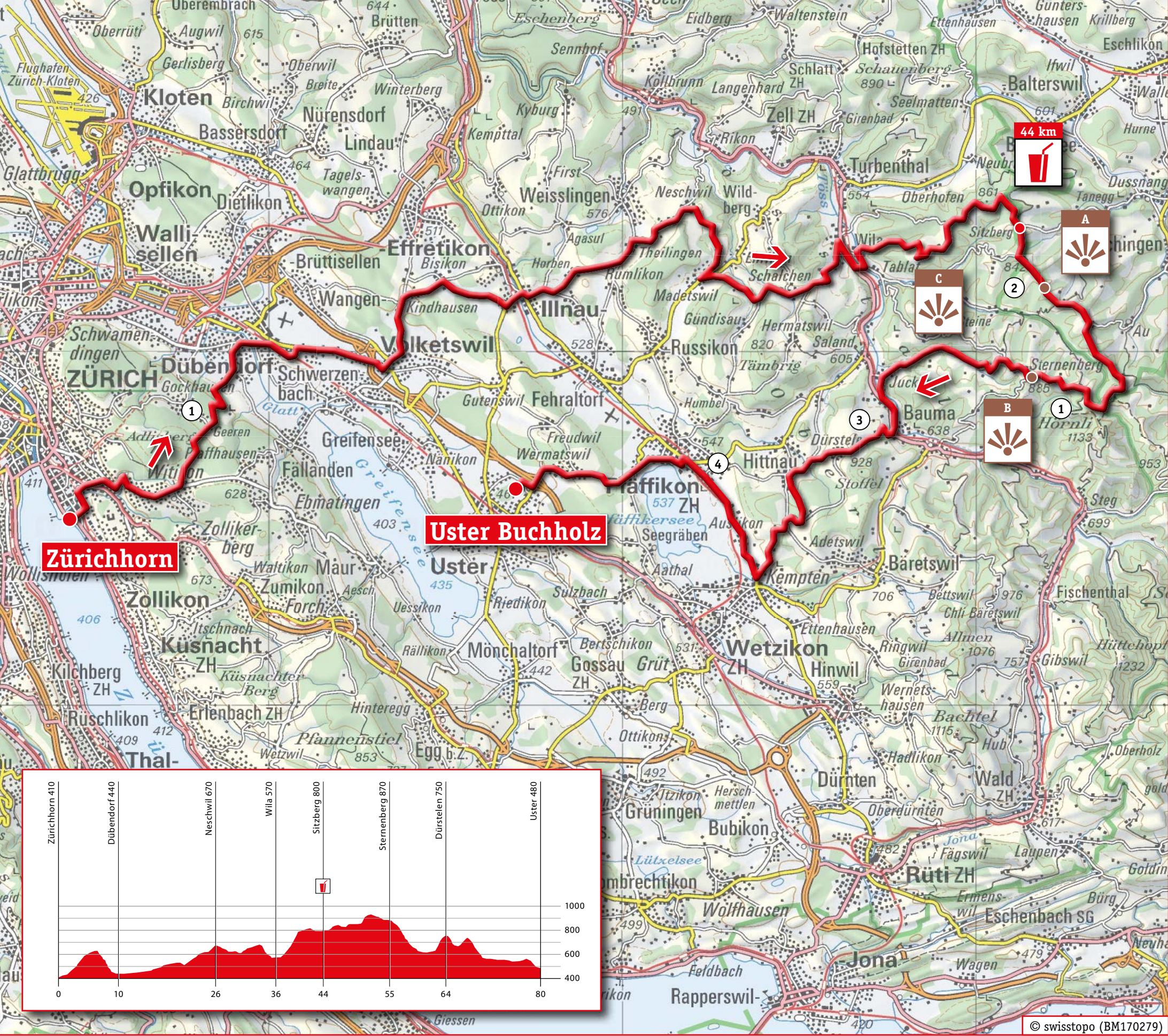
# ZÜRICH ZÜRICHHORN START



# USTER-BUCHHOLZ FINISH



## COURSE MAP



## SCHEDULE

### METROPOLITAN SATURDAY, 8 JULY 2017

Disciplines	Location	First Gigathlete expected	Cut-off time
Start of City Trailrunning	Zürich Saalsporthalle	Mass start 05:00	-
City Trailrunning – Swimming	Zürichhorn	05:45	07:30
Swimming – Cycling	Zürichhorn	06:20	09:00
Cycling – Running	Uster Buchholz	08:35	13:45
Running – Biking	Uster Buchholz	09:45	16:45
Biking finish	Zurich Saalsporthalle	12:05	21:30

## HIGHLIGHTS EN ROUTE



- A** View of the Sântis

**B** Sternenbergr with popular viewpoints and panoramic views

**C** The Tösstal valley is a favourite area for hiking and cycling

# LOGISTICS & TRANSPORT

## Getting there

The cyclist or supporter cycles 4 km from the Saalsporthalle following the white Gigathlon directional signs to the Zürichhorn transition zone. No cycles are transported on the shuttle bus.

### Personal effects

The runner brings dry clothing and the cycle bag to Uster for the cyclist.

## Showers

There are showers in the changing rooms of the football stadium.

### Return travel

The cyclist or supporter follows the white Gigathlon directional signs from the Uster Buchholz transition zone to Uster railway station. They then pack the cycle in the cycle bag on the station forecourt before accessing the train for the journey from Uster to Zurich main railway station. From there, they follow the white Gigathlon directional signs for 3.5 km towards Sihl until they reach the headquarters again. No cycles are transported on SZU services on Saturday.

## Transport ticket

On Saturday the accreditation (wristband) together with the ZVV special ticket allow wearers to use public transport on the Zürcherverkehrsverbund (ZVV) network.

## SHUTTLE TIMETABLE



## Return travel (with ZVV special ticket)

	S15	S9	S5	S14	S15	S9	S5	S14
Dep. Uster	xx:06	xx:11	xx:21	xx:25	xx:36	xx:41	xx:51	xx:55
Arr. Zurich station	xx:20	xx:33	xx:37	xx:47	xx:50	xx:03	xx:07	xx:17